



ANNUAL REPORT | 2016

We are building a world
where children living without
permanent families and those with
disabilities are seen, nourished,
and given a chance to thrive.



DEAR FRIENDS,

2016 was a year of transition and change, both at SPOON and in our global community. We trust that you, like us, gained a greater awareness of the global climate in which vulnerable children need our support more than ever.

We are proud to report that, thanks in large part to your support, we acted on the promise we made to ourselves last year—that we would find a way to reach as many of these underserved children as possible. To that end, in addition to developing specialized curricula and disseminating trainings, we started using our digital app, *Count Me In*, with the aim to make a greater impact on nutrition and feeding for a greater number of children.

We also restructured our leadership and connected with a broader range of partners who enabled us to reach the children who need us—children living without families and children at risk of living without families due to malnourishment and disability.

This work wouldn't be possible without the strong community of individuals and organizations that bolsters us and allows continued financial stability

and growth. The SPOON community comes in many forms, including our Board of Trustees and Portland Community Leadership Council, our Medical Advisory Board and Technical Experts, many selfless volunteers, and our generous donors. The combined efforts of these supporters enable us to fill a critical gap and reach children who otherwise might be overlooked.

Now, more than ever, we need to see these children. We need to speak up for them. We need to fight until the potential of every child is valued and nourished. Thank you for seeing them, speaking up, and—yes—fighting, along with us.

With hope and gratitude,



Mishelle Rudzinski
Co-Founder & Executive Director



Cindy Kaplan
Co-Founder & Board Chair



NO ONE KNOWS
HOW MANY **MILLIONS**
OF CHILDREN LIVE
OUTSIDE FAMILY CARE.



In our work, we've seen as many as **80% of children** outside of family care experience disabilities and delays.



These same children are often **excluded from global nutrition programs** that serve kids in communities.

TOO OFTEN, THESE KIDS **AREN'T COUNTED...**

“ *Children in institutions experience serious health problems and their weight and growth are far below normal. Working with SPOON has helped Lumos to continue to strengthen our work in children's nutrition and feeding.* ”

- **Bisser Spirov** -

Training and Development Manager,
Lumos, Bulgaria



Up to **92%** of these kids experience one or more types of malnutrition.



“When you look at straightforward interventions that can make a huge difference, changes in nutrition and feeding practices are the simplest and most cost-effective ways we can help these kids.”

- Dana Johnson, MD, PhD -
Professor of Pediatrics, Medical Advisor
and Executive Board Member

THE MOST COMMON TYPES OF MALNUTRITION:



STUNTING is impaired growth from chronic poor nutrition, repeated infections, and/or lack of stimulation. It is linked to delayed motor development, poor cognition, and learning disabilities.



WASTING is the thinness that children experience from significant poor nutrition and/or severe illness. It is linked to morbidity and mortality.



ANEMIA occurs when a child has too few red blood cells due to an iron-poor diet. Iron deficiency can cause cognitive delays and problems with social interaction.



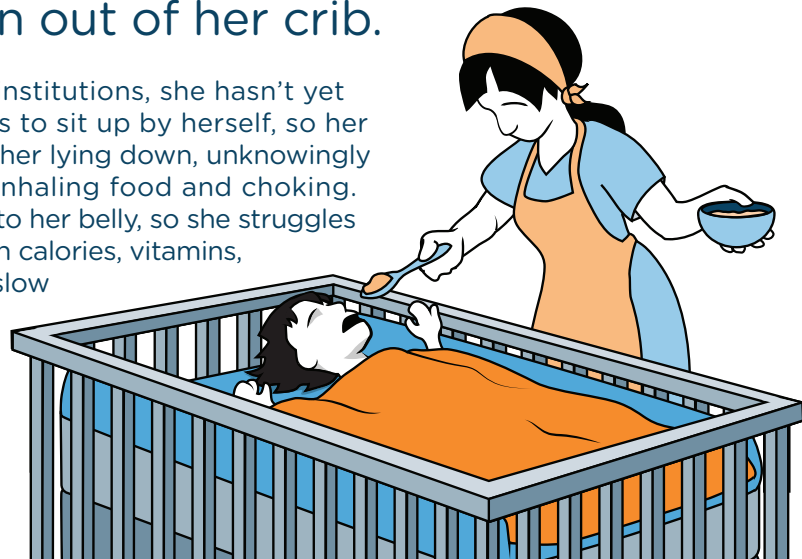
Children with disabilities experience tremendous lack of feeding and swallowing intervention provided by knowledgeable experts. SPOON's trainings give the unique opportunity for parents, caregivers and professionals to improve their current practice and maintain skills for better child development and health.

- **Svyatoslav V. Dovbnaya, MD** -
Child Neurologist,
SPOON Master Trainer, Russia
- **Tatiana U. Morozova** -
Clinical Psychologist,
SPOON Master Trainer, Russia

MEET ARIA...

She is 4 years old, lives in an orphanage, and is rarely taken out of her crib.

Like many children in institutions, she hasn't yet developed the muscles to sit up by herself, so her caregivers spoon-feed her lying down, unknowingly putting her at risk of inhaling food and choking. Not all the food gets into her belly, so she struggles with not getting enough calories, vitamins, and minerals. This can slow Aria's growth and weaken her immune system. The food in her lungs can cause serious infection and unfortunately, death.



SPOON's Nutrition Scientist and Feeding Specialist went to Aria's orphanage and introduced *Count Me In* to Aria's caregivers.

SPOON's *Count Me In* is an assessment and intervention app that integrates SPOON's tools and knowledge gained from the past 10 years. This app enables caregivers to customize care by easily identifying and addressing **feeding and nutrition** concerns.

In Aria's case, *Count Me In* provided **customized recommendations** that taught her caregivers to quickly identify and improve the practices most critical to preventing her from becoming severely malnourished: her anemia, her unsafe feeding, and her delayed growth. Aria's caregivers learned how to properly position her during mealtimes and how to provide foods with appropriate textures so that she can be fed safely and efficiently.

“ *This is the training of my life.* ”

- **Digvi Bundhun** -
Training participant & Dietician,
Mauritius



JUST 3 MONTHS after SPOON's training, Aria sits upright at meals and is eating a food texture that is safe for her to swallow.

Her caregivers notice that she doesn't choke or cough when she eats anymore.

Her anemia is gone and she's well on her way to gaining weight and getting her health back!





With COUNT ME IN's built-in educational content and multimedia training materials, the power of this digital application allows SPOON to train more people in order to reach exponentially more kids.

OUR HOPE IS TO
COUNT THEM **ALL** IN.

OUR REACH IN 2016

NORTH AMERICA



OREGON

KEY



Orphanages/Baby Homes/Shelters



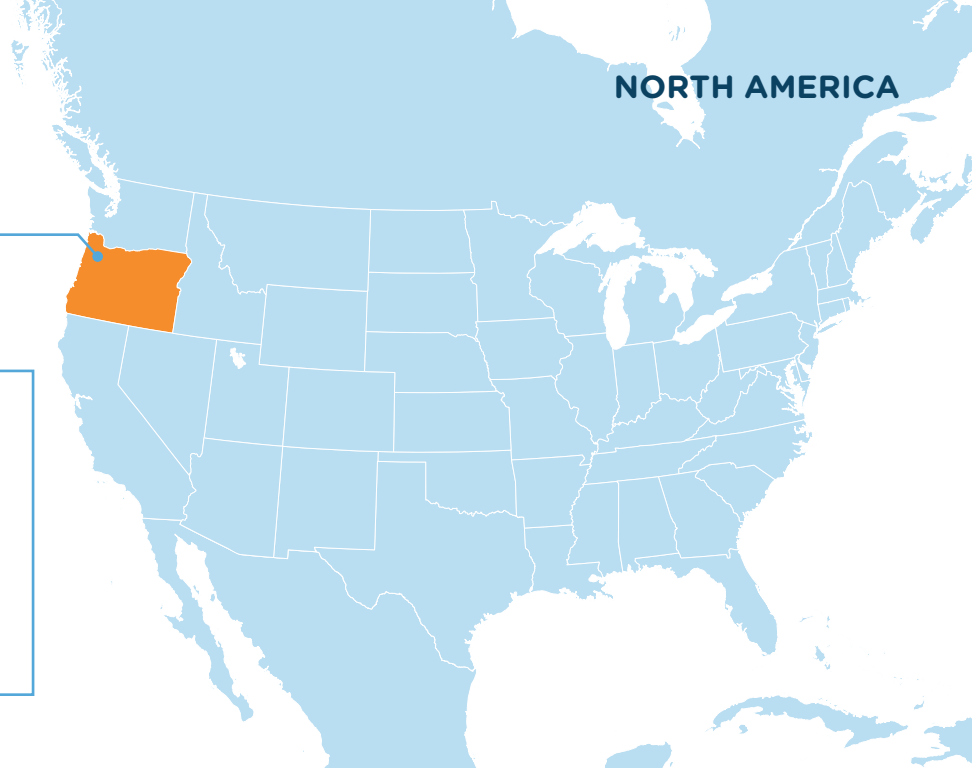
Group Homes



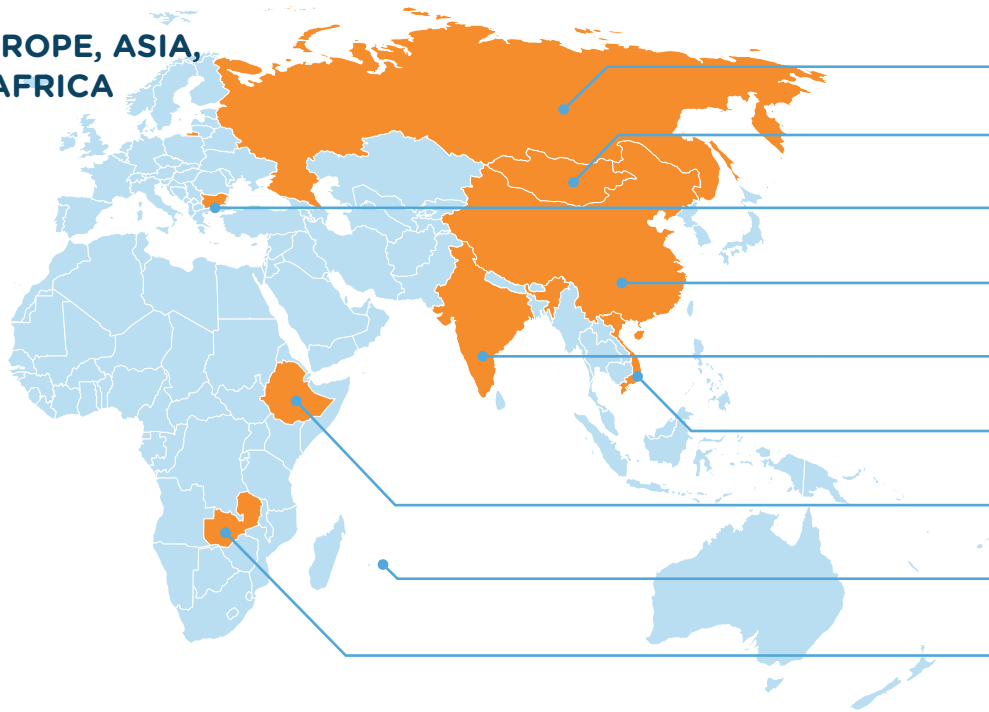
Foster Care



Community/Family Preservation



**EUROPE, ASIA,
& AFRICA**



RUSSIA



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BULGARIA



CHINA



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ETHIOPIA



MAURITIUS



ZAMBIA



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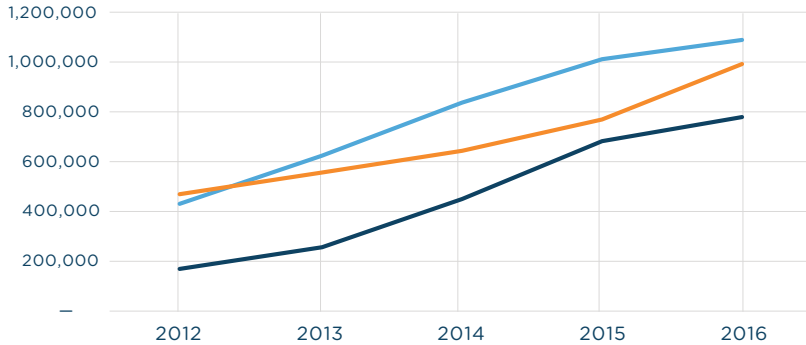
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ANPPCAN Mauritius	
Lumos	
Naked Heart Foundation	

FINANCIAL SUMMARY



SPOON IS GROWING!

KEY

- REVENUE
- EXPENSE
- ASSETS

ASSETS	AMOUNT
Cash & Cash Equivalents	\$ 290,743
Investments	\$ 275,527
Accounts & Grants Receivable	\$ 125,877
Prepaid Expenses & Insurance	\$ 5,629
Property & Equipment, Net	\$ 76,695
Total Assets	\$ 774,471

LIABILITIES & NET ASSETS	AMOUNT
Total Liabilities	\$ 8,564
Net Assets	
Unrestricted Net Assets	\$ 551,519
Temporarily Restricted Net Assets	\$ 214,388
Total Net Assets	\$ 765,907
Total Liabilities & Net Assets	\$ 774,471

REVENUE	AMOUNT
Contributions & Grants	\$ 760,296
Program Service Revenue	\$ 145,231
Special Event Revenue, Net	\$ 86,743
Donated Assets & Services	\$ 78,150
Investment Income (loss)	\$ 13,574
Other Income	\$ 2,476
Total Support & Revenue	\$ 1,086,470

EXPENSE	AMOUNT
Program	\$ 696,705
International Programs	\$ 192,185
Domestic Programs	\$ 84,035
Tools Optimization	\$ 272,123
Program Development	\$ 148,362
Management & General	\$ 123,076
Fundraising	\$ 164,240
Total Expenses	\$ 984,021
Change in Net Assets	\$ 102,449

SPOON undergoes an annual audit conducted by an independent firm. Figures above are based upon the report of McDonald Jacobs.

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“ My SPOON experience expanded my worldview and heart, and provided new dimensions to my professional perspectives. ”

- John Himes, PhD, MPH -

Professor at the School of Public Health at the University of Minnesota, Medical Advisor and Executive Board Member, 2008-2016



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