We are building a world where children living without permanent families and those with disabilities are seen, nourished, and given a chance to thrive.
Dear Friends,

We started 2017 by asking ourselves how we could shift our approach to reach all of the children around the world who live outside of family care. Having spent the past decade bringing health and hope to children in 15 countries, we were eager to share our solutions widely. So, we invested time in developing a strategy to reach the most children, not by spreading ourselves thin but by working smarter. We shifted our question from, “how do we work everywhere” to, “how can we run targeted, highly impactful programs that will allow us to advocate for all children living outside of family care, including those at risk of family separation and those moving out of institutions and into families?”

We knew we could use our app, *Count Me In*, to change the course of children’s lives by assessing, tracking, and improving their feeding and nutrition, just as you will see happened with Faith in Zambia. At the same time, we began to collect large amounts of data through our app, showing the depth of malnutrition and feeding complications for these kids and how quickly they can be resolved using our tools. We already know that sharing our data and learnings with decision-makers can lead to radical shifts in policy and practice. In one country, we helped affect sweeping change to the orphanage system and improved resourcing towards building a healthy foster care system with feeding and nutrition support for parents. And this was even before we had *Count Me In* to help us collect information, create individualized care plans, and advocate for better mealtime experiences for children and caregivers.

This exciting work and tangible change wouldn’t be possible without the strong community of individuals and organizations who bolster us. Support from our community comes in many forms, including the stewardship of our Board of Trustees and Portland Leadership Council, the expertise of our medical advisors, the selflessness of our many volunteers, and the generosity of our donors. Together, we will reach every child who needs us, everywhere.

Mishelle Rudzinski
Co-Founder & Executive Director

Cindy Kaplan
Co-Founder & Board Chair
Transformation in Zambia

Faith is a very small seven-year old girl living with her mother and grandmother in Zambia.

Her petite size is a result of the malnutrition brought on by the feeding difficulties common in children with cerebral palsy.

We first met Faith last year at a community center in Zambia, where we work with local partners to ensure that caregivers have the skills and resources they need to keep kids healthy and living at home. Faith came in with her grandmother, who told our trainers that it was really difficult to feed Faith because of her disability. She told stories of choking and about challenges finding foods that were safe for her granddaughter to eat.

Local trainers listened to Faith’s determined grandmother and used SPOON’s online app, we never really thought about how we were feeding our children before this program. Now we have new skills to recognize, identify, and respond better to feeding and nutrition challenges. As we, the carers of children, learn and practice, our children watch and learn new skills too. We are so grateful!

Nasilele Mulemwa
House of Moses
Count Me In, to generate recommendations to help. Following the recommendations, the trainers guided her grandmother through techniques to alter Faith’s food, making it more nutrient-dense and easier to swallow. They showed her how to stabilize her body and provide lip and jaw support to ensure that she could swallow her food more easily and efficiently.

Within 15 minutes, Faith took in far more calories with far less effort and ate without traumatizing instances of choking. Her grandmother beamed with confidence! Even after trainers moved on to helping other kids, Faith and her grandmother practiced their new techniques, bonding over their successful mealtime experience. We could tell that these skills were the start of a new chapter for Faith and her family.

Nine months later, two SPOON staff members travelled back to Zambia. When they arrived, they were delighted to see Faith and thrilled with her progress. In just nine months, she moved from struggling to swallow liquids and porridge, to comfortably chewing chicken. They were able to meet her mother and hear about how SPOON’s training and Count Me In’s recommendations had enabled a radical change for Faith.

Because of stories like Faith’s, our programs are expanding and giving more children an opportunity to grow and thrive.
No one knows how many millions of children live outside family care.

In our work, we’ve seen as many as 80% of children outside of family care experience disabilities and delays.

These same children are often excluded from global nutrition programs that serve kids in communities.

Too often, these kids aren’t counted.

Working with highly motivated and committed professionals from SPOON gives a true meaning to the “power of collaboration”. We at ISS are proud to work with SPOON to the benefit of children with disabilities and look forward to expanding the implementation of this project to more countries.

Marie Jenny
Special Projects Coordinator
International Social Services-General Secretariat
Up to **92% of these kids** experience one or more types of malnutrition.

The intersection of health, development and nutrition are essential for strong futures. SPOON’s unique approach to feeding and nutrition seamlessly integrates the three, improving the quality of life for the most vulnerable children.

**Mary Hearst, PhD, MPH**  
Medical Advisory Board Member  
Director of Public Health, St. Catherine’s University

---

**Effecting Change**

Our programs work. Over two years in three countries, we trained the caregivers of over 1,000 children.

**The result of our work:**

- **Anemia**: 41% down to 13%
- **Stunting**: 55% down to 23%
- **Wasting**: 19% down to 8%

**drastically reduced rates** of malnutrition.
Global Advocacy

Motivating influencers to change policy, practice, and funding.

Global Activity

Nourishing children by educating their caregivers.
The Future of Our Work

Advocacy informed by program results leads to global action.

In the coming year, we will significantly expand our reach through a growing network of Master Trainers in targeted countries around the world. The results of our focused work will inform our global advocacy efforts to effect public policy transformation. Using the data we have gathered through on-the-ground programming, we will scale our impact beyond the communities we currently serve by advocating for vulnerable children on a local, national, and global scale. Combining our growing trainings with global advocacy will help ensure that all kids have the chance to thrive!
Our Impact in 2017

Oregon
Foster Care
Empowering foster parents with happy and healthy mealtime solutions

China
Orphanages
Piloting a national model for feeding children with disabilities in institutions

Cambodia
Orphanages
Developing an extensive Master Trainer network to launch feeding and nutrition support country-wide

Vietnam
Orphanages
Integrating feeding and nutrition into a government-supported family reintegration program
Continuing to support our Master Trainers in expanding our work to more trainers in more facilities

Expanding proven programs in institutions and reaching new children at risk of family separation

Sustaining successful outcomes through remote Count Me In support
Thanks to our Donors!

**INVESTORS**
Carlson Family Foundation
General Mills Foundation
GHR Foundation
H.W. Irwin and D.C.H. Irwin Foundation
Happy Family Brands
Harbourton Foundation
Kaiser Permenente
Maybelle Clark Macdonald Fund
Ray Hickey Foundation
Rogers Family Foundation
Sangham Foundation
So-Hum Foundation
Spirit Mountain Community Fund
The Autzen Foundation
The Waitte Foundation
Wheeler Foundation

**FOUNDERS CIRCLE**
Mark Addicks and Tom Hoch
Mary and Keith Bednarowski
Cindy and Tony Kaplan
Marilyn and Steven Rothschild
Judith and Stephen Shank

**ADVOCATES**
ASW Distribution, LLC
Dr. Rachel and Craig Cole
Carol and Ted Cushman
Chuck Denny
Marjorie Dial and Jeremy Fields
Kamp Grizzly
Koerner Camera
Cindy and Jim Murphy
Shea and Kaveh Najafi
Nike, Inc.
Sheena and Dan Portrait

**SUPPORTERS**
Kara and Jordan Bader
Cynthia and Jim Barrigan
Joyce and David Bertoch
Bill & Melinda Gates
Foundation Matching Gift Program
Pat and Joe Campbell
Asha Chesnutt
Debi Cole-Terry
Kayley Cook and Eric Meier
Maria Corvallis and Andrew Fraser
Patti and Bob Corwin
Tenley and Michael Cronan
Rod Cruickshank
Susan and Sean Daley
Dear Mom Wine Company
Martha Deevy
Gun Denhart
Pip and Evan Denhart
Scott and Mary Dolich
Katherine and Brad Durham
John Ivey Eagles
Charles Franklin
Martha Gabbert
Carrie Godlee-Campbell and Adam Campbell
Chris and Sarah Groom
Sandy and Jeff Grubb
Chris Harper and Veery Evans Harper
Sue Harrison and Dave Cobban
Audrey Heffron and Dave Stewart
Linda Rae Hickey
Bernadette and Jon Horning
Dana Johnson and Mary Jo Spencer
Janet and Ronald Johnson
Delphine and Christopher Kahler
Sidney and Joy Kaplan
Helen and Charles Kemble
Martha Koerner and Bill Dieter
Edie and Dick Lasner
Latitude
Jeannie Leeper
Bridget and Ross Levin
Carol Schnitzer Lewis
Kathleen Lewis
Bonnie and Ralph Mandell
Laurie and Wesley Mangum
Kristen and Michael Martin
Metropolitan Pediatrics
Hope Mitnick and Andrew Black
Audrey Heffron and Dave Stewart
Linda Rae Hickey
Bernadette and Jon Horning
Dana Johnson and Mary Jo Spencer
Janet and Ronald Johnson
Delphine and Christopher Kahler
Sidney and Joy Kaplan
Helen and Charles Kemble
Martha Koerner and Bill Dieter
Edie and Dick Lasner
Latitude
Jeannie Leeper
Bridget and Ross Levin
Carol Schnitzer Lewis
Kathleen Lewis
Bonnie and Ralph Mandell
Laurie and Wesley Mangum
Kristen and Michael Martin
Metropolitan Pediatrics
Hope Mitnick and Andrew Black
Nicole and Michael Nortman
John and Maryjo Ordway
Patti Parker
Craig and Denise Pernick
Christine Prendergast and Tom Murtagh
Molly Rogers and Chris Hagerman
Roundhouse
Ann and Robert Sacks
Rebecca Simmons
Christina and Evan Swanson
Aziz Uras
Ara Vallaster and Aaron Babbie
Judy and Bill Walter
Calarynn West
Alison Kaplan and Frank White

**CONTRIBUTORS**
Accredited Investors, Inc.
Valerie and William Aitchison
Megan Bassett and Geoff Philips
Our Donors

Sue Bennett
Emily and Nick Brod
Priscilla Bernard and Dan Wieden
Stephanie Birdsell
Rebecca Boyd and John Nagel
Susan and Brent Brower-Toland
Nancy and Bill Collins
Kim and Todd Beneffe
Donna and Bill DiNicola
Joyce Dorosin
Mary Elliott and Mark Friedman
Lou Featherstone
Samantha Frearson-Tubito
Richard Glick
Julie Gulla
Kathy Hamm
Paula Hamm
Chandra and Kurt Hammond
Carmel Ann Harr
Susan W. Hayes
Denys and Dale Hoistad
Maureen Huntley and Bill Stewart
Intel Foundation
Kathy and TJ Johnson
Cathy and Michael Koerner
Charlene Kurkjian
Peter and Alexa Manza
Microsoft Matching Gifts Program
Steve and Thanne Moore
Melissa and Robert Nash
Tim Naylor
Marcie and John Notar
Mary Lynne Poole
Mark Proden
Paula Rabaey
Ben Nichols and Rebecca Rosser
Traci Reandeau
Dara and Brent Royer
Ellen and Jon Rudzinski
Julie Rudzinski
Anne Sammis and Eric Gropp
Krista and Tom Seery
Narda and Ulysses Sherman
Katrina and Josh Simon
Society of Former FBI Agents - Tucson Chapter
Alexandra and Todd Solomon
Tom Swain
Betsy and Mayer Tapper
Carol and Ron Vantine
Amie and Jon Wexler
Laurie and Mitch Wilson

PRO-BONO SUPPORTERS
Aaron Babbie
Amy Babchek
Tobey Fitch
Forge Graphics
Fred Meyer
Joy Harrisi
Daniel Hawkins
Lagunitas
Maryhill Winery
Lumos
Maryhill Winery
Corey Maynard
Microsoft
Melissa Nash

New Seasons
Omni Group
One Sky
Perkins Coie
Por Que No?

Rajah & Tann LCT Lawyers
Katja Rowell
Sarah Sahl
Sizzle Pie
Stoel Rives

Westin Portland
Yeti
Naveeet King Zed

Friends of SPOON

Akros
Ashoka
Catholic Relief Services
CORE Group
Embrace Oregon
Every Child
Firefly, Inc.
Georgia Institute of Technology
InterAction
International Social Service
ANPPCAN Mauritius
Lumos
Morrison Child and Family Services

Vietnam Ministry of Labor, Invalids, and Social Affairs (MOLISA)
MIUSA
Naked Heart Foundation
National Council for Adoption Oregon
Department of Human Services
OneSky
Oregon Health and Science University
Orphan and Vulnerable Children Task Force
Otkazniki

Russian Ministry of Health
Save the Children
St. Catherine University
The Nonprofit Association of Oregon
UNICEF
University of Hartford
University of Oregon
Zambian Association of Child Care Workers
Zambia Association of Sisterhoods
Financial Summary

ASSETS  
- Cash and Cash Equivalents: $162,241
- Investments: $222,881
- Accounts & Grants Receivable: $487,937
- Prepaid Expenses: $5,318
- Property & Equipment, Net: $68,343
  Total Assets: $946,720

LIABILITIES & NET ASSETS  
- Total Liabilities: $9,181
- Total Net Assets: $937,539
  - Unrestricted: $626,788
  - Temporarily Restricted: $310,751
  Total Liabilities & Net Assets: $946,720
  Change in Net Assets: $171,632

REVENUE  
- Contributions and Grants: $1,003,812
- Program Service Revenue: $76,356
- Special Event Revenue, Net: $55,587
- Donated Assets & Services: $3,305
- Investment Income (loss): $1,526
- Other Income: $539
  Total Support & Revenue: $1,141,125

EXPENSE  
- Program: $717,979
  - International Programs: $281,200
  - Domestic Programs: $69,467
  - Tools Optimization: $185,693
  - Program Development: $181,619
- Management and General: $104,468
- Fundraising: $147,046
  Total Expenses: $969,493

SPOON undergoes an annual audit conducted by an independent firm. Figures above are based upon the report of McDonald Jacobs.
**BOARD OF TRUSTEES**

Cindy Kaplan, MS, Chair  
Martha Deevy, MBA, Vice-Chair  
Scott Mandell, MBA, Treasurer  
Judith Shank, MD, Secretary  
John Ordway, JD, Chair Emeritus  
Susan Hayes  
Audrey Heffron, AAMS  
Dana Johnson, MD, PhD  
Michele Meyer  
Dara Royer  
Mishelle Rudzinski, MA, CCC-SLP  
Tessie San Martin, PhD

**MEDICAL ADVISORY BOARD**

Julian Davies, MD  
Philip Fisher, PhD  
Michael Georgieff, MD  
Mary Hearst, PhD, MPH  
John Himes, PhD, MPH  
Dana Johnson, MD, PhD  
Maria Kroupina, PhD  
Brad Miller, MD  
Paula Rabaey, MS, OTR/L  
Katja Rowell, MD  
Almaz Sharman, MD, PhD

**PORTLAND COMMUNITY LEADERSHIP COUNCIL**

Aaron Babbie  
Pip Denhart  
Sue Harrison  
Michael Koerner

**TECHNICAL EXPERTS**

Cheryl Anselmo, MS, SLP  
Carrie Luse, MSR, OT/L, ATP  
Kim Elliott, MS, CCC-SLP  
Melissa Nash, MPH, RD  
Sarah Sahl, RDN, LD  
Beth Williamson, PhD, OT

**2017 STAFF**

Stephanie Auxier, MA  
Program Officer

Amy Babchek, MPA  
Senior Advisor of Global Partnerships

Jon Baldvieso  
Technology Program Manager

Eve Brickner  
Administrative Assistant

Emily Brod, MBA  
Director of Finance & Administration

Maureen Dykinga, MA, CCC-SLP  
Feeding & Disability Specialist

Hannah Fattor  
Administrative Assistant

Calioopy Glaros  
Development Manager

Zeina Makhoul, PhD, RD  
Nutrition Scientist

Mishelle Rudzinski, MA, CCC-SLP  
Executive Director

Tammy Teske, MBA  
Director of Programs

**VOLUNTEERS**

Rachel Bendroth  
Morgan Gebhardt  
Emily Hunt  
Heidi Peters  
Yelena Benikov  
Carmon Gonzalez  
Becky Johnson  
Bridget Roemmich  
Adele Broberg  
Jocelyn Goodall  
Kristen Hamilton  
Amy Rossman  
Georgia Brown  
Paula Hamm  
Sandra Lucas  
Cecilia Smith  
Harry Cobban  
Bill Hines  
Rodger Murry  
Kate Stribling  
Jessie Cobban  
Hadley Hobbs  
Melissa Nash  
Caralynn West  
Ellie Cook  
Sarah Sahl  
Jennifer Niemeyer  
Mishelle Rudzinski, MA, CCC-SLP  
Executive Director

**SPOON’s mission aligns with my personal passion for food equity. I am pleased to support their work with children, who are affected the most by food inequity issues but can’t advocate on their own behalf.**

Navgeet King Zed, SPOON Volunteer  
SVP, Strategy, Finance & Investor Relations  
Micro Equity International
Learn
www.spoonfoundation.org

Give
www.spoonfoundation.org/donate

Follow
@spoonfoundation

Contact
135 SE Main Street, Suite 201
Portland, OR 97214
1.503.954.2524
info@spoonfoundation.org