We are building a world where children living without permanent families and those with disabilities are seen, nourished, and given a chance to thrive.
DEAR FRIENDS,

2016 was a year of transition and change, both at SPOON and in our global community. We trust that you, like us, gained a greater awareness of the global climate in which vulnerable children need our support more than ever.

We are proud to report that, thanks in large part to your support, we acted on the promise we made to ourselves last year—that we would find a way to reach as many of these underserved children as possible. To that end, in addition to developing specialized curricula and disseminating trainings, we started using our digital app, Count Me In, with the aim to make a greater impact on nutrition and feeding for a greater number of children.

We also restructured our leadership and connected with a broader range of partners who enabled us to reach the children who need us—children living without families and children at risk of living without families due to malnourishment and disability.

This work wouldn’t be possible without the strong community of individuals and organizations that bolsters us and allows continued financial stability and growth. The SPOON community comes in many forms, including our Board of Trustees and Portland Community Leadership Council, our Medical Advisory Board and Technical Experts, many selfless volunteers, and our generous donors. The combined efforts of these supporters enable us to fill a critical gap and reach children who otherwise might be overlooked.

Now, more than ever, we need to see these children. We need to speak up for them. We need to fight until the potential of every child is valued and nourished. Thank you for seeing them, speaking up, and—yes—fighting, along with us.

With hope and gratitude,

Mishelle Rudzinski  
Co-Founder & Executive Director

Cindy Kaplan  
Co-Founder & Board Chair
NO ONE KNOWS HOW MANY MILLIONS OF CHILDREN LIVE OUTSIDE FAMILY CARE.

In our work, we’ve seen as many as 80% of children outside of family care experience disabilities and delays.

These same children are often excluded from global nutrition programs that serve kids in communities.

TOO OFTEN, THESE KIDS AREN’T COUNTED...

Children in institutions experience serious health problems and their weight and growth are far below normal. Working with SPOON has helped Lumos to continue to strengthen our work in children’s nutrition and feeding.

- Bisser Spirov -
Training and Development Manager, Lumos, Bulgaria
STUNTING is impaired growth from chronic poor nutrition, repeated infections, and/or lack of stimulation. It is linked to delayed motor development, poor cognition, and learning disabilities.

WASTING is the thinness that children experience from significant poor nutrition and/or severe illness. It is linked to morbidity and mortality.

ANEMIA occurs when a child has too few red blood cells due to an iron-poor diet. Iron deficiency can cause cognitive delays and problems with social interaction.

Up to 92% of these kids experience one or more types of malnutrition.

When you look at straightforward interventions that can make a huge difference, changes in nutrition and feeding practices are the simplest and most cost-effective ways we can help these kids.

- Dana Johnson, MD, PhD -
  Professor of Pediatrics, Medical Advisor and Executive Board Member
MEET ARIA...

She is 4 years old, lives in an orphanage, and is rarely taken out of her crib.

Like many children in institutions, she hasn’t yet developed the muscles to sit up by herself, so her caregivers spoon-feed her lying down, unknowingly putting her at risk of inhaling food and choking. Not all the food gets into her belly, so she struggles with not getting enough calories, vitamins, and minerals. This can slow Aria’s growth and weaken her immune system. The food in her lungs can cause serious infection and unfortunately, death.
SPOON’s Nutrition Scientist and Feeding Specialist went to Aria’s orphanage and introduced Count Me In to Aria’s caregivers.

SPOON’s Count Me In is an assessment and intervention app that integrates SPOON’s tools and knowledge gained from the past 10 years. This app enables caregivers to customize care by easily identifying and addressing feeding and nutrition concerns.

In Aria’s case, Count Me In provided customized recommendations that taught her caregivers to quickly identify and improve the practices most critical to preventing her from becoming severely malnourished: her anemia, her unsafe feeding, and her delayed growth. Aria’s caregivers learned how to properly position her during mealtimes and how to provide foods with appropriate textures so that she can be fed safely and efficiently.
Her caregivers notice that she doesn't choke or cough when she eats anymore.

Her anemia is gone and she’s well on her way to gaining weight and getting her health back!

**JUST 3 MONTHS** after SPOON’s training, Aria sits upright at meals and is eating a food texture that is safe for her to swallow.
With COUNT ME IN’s built-in educational content and multimedia training materials, the power of this digital application allows SPOON to train more people in order to reach exponentially more kids.

OUR HOPE IS TO COUNT THEM ALL IN.
OUR REACH IN 2016

NORTH AMERICA

KEY

- Orphanages/Baby Homes/Shelters
- Group Homes
- Foster Care
- Community/Family Preservation

OREGON
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University of Oregon
World Vision
### Financial Summary

**SPOON IS GROWING!**

#### Key

- **Revenue**
- **Expense**
- **Assets**

#### Assets and Liabilities & Net Assets

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>$290,743</td>
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<tr>
<td>Investments</td>
<td>$275,527</td>
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<tr>
<td>Accounts &amp; Grants Receivable</td>
<td>$125,877</td>
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<tr>
<td>Prepaid Expenses &amp; Insurance</td>
<td>$5,629</td>
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<tr>
<td>Property &amp; Equipment, Net</td>
<td>$76,695</td>
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<td><strong>Total Assets</strong></td>
<td><strong>$774,471</strong></td>
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<table>
<thead>
<tr>
<th>LIABILITIES &amp; NET ASSETS</th>
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<tbody>
<tr>
<td>Total Liabilities</td>
<td>$8,564</td>
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<tr>
<td>Net Assets</td>
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<tr>
<td>Unrestricted Net Assets</td>
<td>$551,519</td>
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<tr>
<td>Temporarily Restricted Net Assets</td>
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<td>Total Net Assets</td>
<td>$765,907</td>
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<tr>
<td><strong>Total Liabilities &amp; Net Assets</strong></td>
<td><strong>$774,471</strong></td>
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#### Revenue

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Contributions &amp; Grants</td>
<td>$760,296</td>
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<tr>
<td>Program Service Revenue</td>
<td>$145,231</td>
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<tr>
<td>Special Event Revenue, Net</td>
<td>$86,743</td>
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<tr>
<td>Donated Assets &amp; Services</td>
<td>$78,150</td>
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<td>Investment Income (loss)</td>
<td>$13,574</td>
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<tr>
<td>Other Income</td>
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<tr>
<td><strong>Total Support &amp; Revenue</strong></td>
<td><strong>$1,086,470</strong></td>
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#### Expenses

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<th>EXPENSE</th>
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<td>Program</td>
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<td>International Programs</td>
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<td>Domestic Programs</td>
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<td>Tools Optimization</td>
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<td>Program Development</td>
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<td>Management &amp; General</td>
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<td>Fundraising</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$984,021</strong></td>
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</table>

**Change in Net Assets**

- $102,449

*SPOON undergoes an annual audit conducted by an independent firm. Figures above are based upon the report of McDonald Jacobs.*
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My SPOON experience expanded my worldview and heart, and provided new dimensions to my professional perspectives.

– John Himes, PhD, MPH –
Professor at the School of Public Health at the University of Minnesota, Medical Advisor and Executive Board Member, 2008-2016